

BM = Being Me

CD = Celebrating Differences

DG = Dreams and Goals

HM = Healthy Me

RL = Relationships

CM = Changing Me

<i>Spring Term 1</i>	<i>Wk beg 08/01</i>	<i>Wk beg 15/01</i>	<i>Wk beg 22/01</i>	<i>Wk beg 29/01</i>	<i>Wk beg 05/02</i>	<i>Key Dates</i>
<i>Year 1</i>	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 1: Special People	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 2: Treat Others Well...	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 3: ...and say sorry	<u>DG</u> Session 1 My Treasure Chest to Success	<u>DG</u> Session 2 Steps to Goals	<i>Dreams and Goals introduction assembly WC 8.1.2024</i> <i>Children's Mental Health Week 5th – 11th February 2024</i>
<i>Year 2</i>	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 1 - I am unique	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 2 – Girls & Boys	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 3 – Clean & Healthy	<u>DG</u> Session 2 My Learning Strengths	<u>DG</u> Session 3 Learning with others	
<i>Year 3</i>	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 1 -Friends, Family and Others	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 2 -When Things Feel Bad	<u>DG</u> Session 1&2 Dreams and Goals/My Dreams and Ambitions	<u>DG</u> Session 3 A New Challenge	<u>DG</u> Sessions 4&5 Our New Challenge & Our New Challenge – Overcoming Obstacles	
<i>Year 4</i>	<u>DG</u> Session 3 Overcoming Disappointment	<u>DG</u> Session 4 Creating New Dreams	<u>DG</u> Session 5 Achieving Goals	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 1 –We don't have to be the same.	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 2 –Respecting Our Bodies.	
<i>Year 5</i>	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 1 –Under Pressure	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 2 –Do you want a piece of cake?	<u>Ten:Ten</u> <u>Module 2</u> Unit 2 Session 3 –Self Talk	<u>DG</u> Piece 1 When I grow up (My Dream Lifestyle)	<u>DG</u> Piece 2 Investigate Jobs and Careers	
<i>Year 6</i>	<u>DG</u> Session 3 My Dreams for the World	<u>DG</u> Session 4&5 Helping to Make A Difference	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 1 –Gifts and Talents	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 2 –Girl's Bodies	<u>Ten:Ten</u> <u>Module 1</u> Unit 2 Session 3 –Boy's Bodies	

BM = Being Me

CD = Celebrating Differences

DG = Dreams and Goals

HM = Healthy Me

RL = Relationships

CM = Changing Me

Spring Term 2	Wk beg 19/02	Wk beg 26/02	Wk beg 04/02	Wk beg 11/03	Wk beg 18/03	Key Dates
Year 1	DG Session 4 Stretchy Learning	Ten:Ten Module 2, Unit 4 Session 1: Good and Bad Secrets	Ten:Ten Module 2, Unit 4 Session 2 Physical Contact	Ten:Ten Module 2, Unit 4 Harmful Substances	Ten:Ten Module 2, Unit 4 Sessions 4&5 Can you help me? Parts 1& 2	NO launch assembly – continuation of Dreams and Goals Piece International Women's Day 8 th March.
Year 2	DG Session 4&5 A Group Challenge	DG Session 6 Celebrating our Achievement	Ten:Ten Module 1 Unit 3 Session 1 - Feelings, likes and dislikes	Ten:Ten Module 1 Unit 3 Session 2 - Feelings inside out	Ten:Ten Module 1 Unit 3 Session 3 - Super Suzie Gets Angry	
Year 3	Ten:Ten Module 2 Unit 3 Session 1 - Sharing Online	Ten:Ten Module 2 Unit 3 Session 2 - Chatting Online	Ten:Ten Module 2 Unit 4 Session 1 – Safe in My Body	Ten:Ten Module 2 Unit 4 Session 2 – Drug, Alcohol and Tobacco	Ten:Ten Module 2 Unit 4 Session 3 – First Aid Heroes	
Year 4	Ten:Ten Module 1 Unit 2 Session 3 –What is Puberty?	Ten:Ten Module 1 Unit 2 Session 4 –Changing Bodies	Ten:Ten Module 1 Unit 3 Session 1 What Am I Feeling?	Ten:Ten Module 1 Unit 3 Session 2 What Am I Looking At?	Ten:Ten Module 1 Unit 3 Session 3 I Am Thankful	
Year 5	DG Session 3 My Dream Job (Why I want to get there and the steps I will take)	DG Session 4 Dreams and Goals of other people in other cultures	Ten:Ten Module 2 Unit 3 Session 1 –Sharing isn't always caring	Ten:Ten Module 2 Unit 3 Session 3 – Types of Abuse	Ten:Ten Module 2 Unit 3 Session 4 –Impacted Lifestyles	
Year 6	Ten:Ten Module 1 Unit 2 Session 4 –Spots and Sleep	Ten:Ten Module 1 Unit 3 Session 1 – Body Image	Ten:Ten Module 1 Session 2 – Peculiar Feelings	Ten:Ten Module 1 Session 3 – Emotional Changes	Ten:Ten Module 1 Session 4 – Seeing stuff online	