



St. Joseph's Catholic Academy PE Whole School Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Nursery	Multi-Skills <u>Autumn</u>	Music & Movement <u>Dance</u>	Multi-Skills <u>Winter</u>	Music & Movement <u>Dance</u>	Multi-Skills <u>People Who Help Us</u>	Music & Movement <u>Dance & Gymnastics</u>	Multi-Skills <u>Mini-beasts / Growing</u>	Music & Movement <u>Dance</u>	Multi-Skills <u>Transport</u>	Music & Movement / <u>Dance</u>	Music & Movement / <u>Athletics</u>	Multi-Skills <u>Dinosaurs / Pirates</u>
Reception	Multi-Skills <u>Superheroes</u>	Multi-Skills <u>Improve Agility</u>	Multi-Skills <u>The Circus</u>	Multi-Skills <u>Improve Catching</u>	Multi-Skills <u>The Jungle</u>	Gymnastics <u>Improve Balance</u>	Multi-Skills <u>Space</u>	Dance	Multi-Skills <u>Improve Throwing</u>	Multi-Skills / <u>Athletics</u>	Multi-Skills <u>At the Beach</u>	Multi-Skills <u>Under the Sea</u>
Year 1	Striking & Fielding	Multi-Skills & <u>Improve Catching</u>	Football - Invasion Games	Invictus	Health Related Exercise	Gymnastics & <u>Improve Balance</u>	Multi-Skills <u>Improve Agility</u>	<u>Improve Throwing</u>	Dance	Athletics	Team Games/OAA	Multi-Skills & Tennis
Year 2	Striking & Fielding	Multi-Skills & <u>Improve Catching</u>	Football - Invasion Games	Invictus	Health Related Exercise	Dance	Multi-Skills <u>Improve Agility</u>	Gymnastics & <u>Improve Balance</u>	Athletics & <u>Improve Throwing</u>	Athletics	OAA Orienteering	Multi-Skills & Tennis
Year 3	Football	Cricket	Tag-Rugby	Basketball	Health Related Exercise (HRE)	Gymnastics	Handball	OAA / Team Games	OAA Climbing	Athletics	Dance	Tennis
Year 4	Handball	Cricket	Football	High 5 Netball	HRE	Gymnastics	Hockey	OAA Orienteering	Rounders	Athletics	Dance	Tennis
Year 5	Football	Cricket	Tag-Rugby	Hockey	Health Related Exercise	Dance	High 5 Netball	Gymnastics / Parkour	Golf	Athletics	OAA/Team Games	Tennis / Table Tennis OAA Canoeing & Kayaking
Year 6	Handball	Cricket	(Dance) HRE	Basketball	Swimming	Gymnastics	Swimming	Dance	Swimming	Athletics OAA Residential	Swimming	Tennis / Badminton

CPD with Craig Sigley E. Grange CPD with Staffordshire Cricket Dance with SMW

Swimming Lessons OAA Climbing at Kilnworx - Y3, Kayaking at Stanley Head – Y5, OAA Residential at Stanley Head – Y6